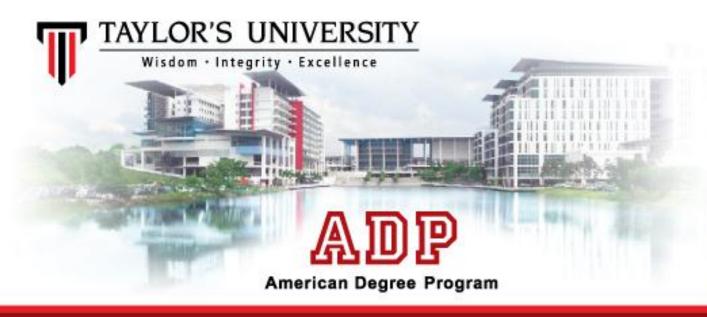
# How Facebook Can Destroy Your Career

Dr. Andy Nazarechuk
Immediate Past President
APacCHRIE





### Please Turn Your Cell Phones



# The Power of Facebook

 Take a photo and post it on Facebook!

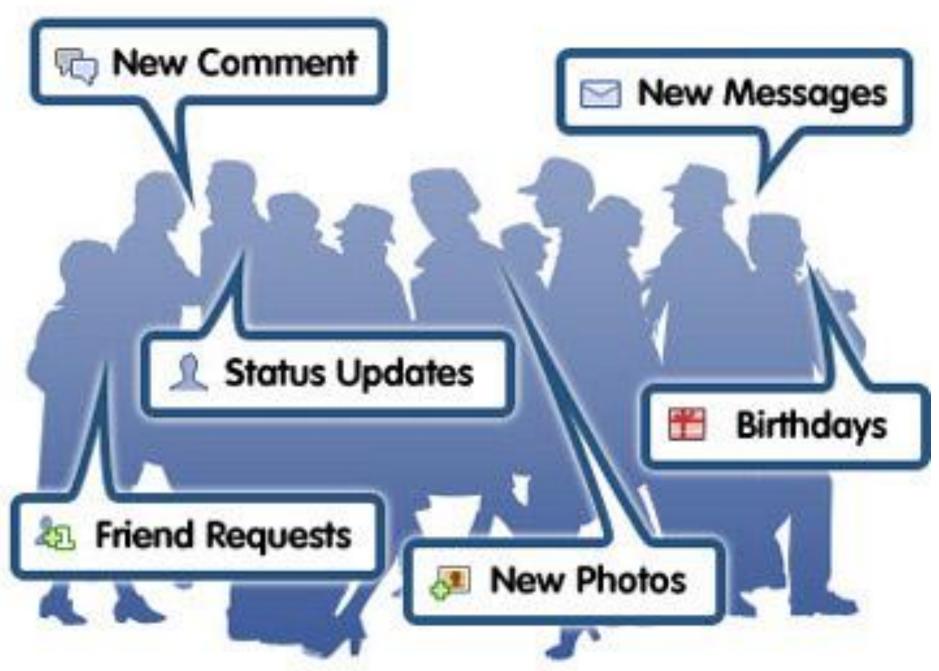
- APacCHRIE Youth Conference 2013
- Andy Nazarechuk



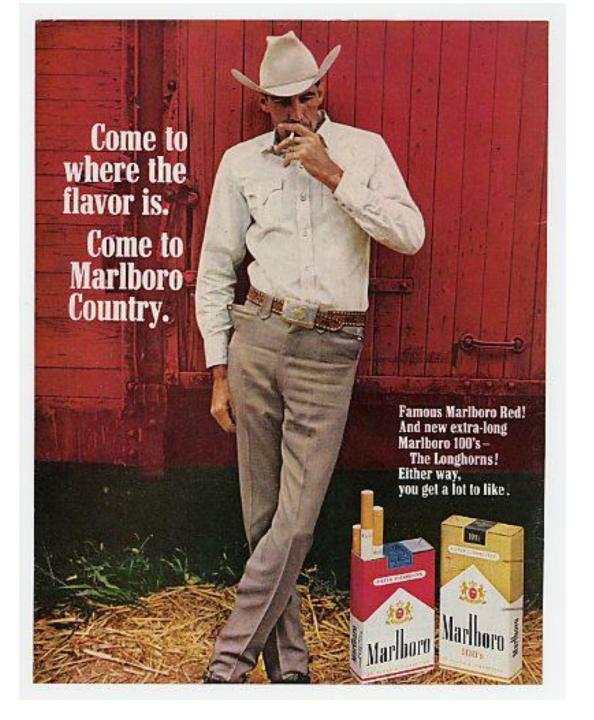
### **How Many Friends Do You Have?**



- 100 or Less
- 300 or Less
- 700 or Less
- 1000 or Less
- 2000 or Less
- 3000 or Less
- 4000 or more!









### Compare Pall Mall with your old eigarette



#### ... FOR GENEROSITY

Place a Pull Stall beside your old eigeners. The difference in value is standing. Pall Stall is over 20 per cont lunger.

And this longer cigarette brings you not noty more talances, but the finest induces money can buy.

Moreover, you receive a definite service, 100

For the additional length travels the smale further, gloing you a noticeably cooler expects.

#### ... FOR SMOOTHNESS

The rish renorthness of Pall Mall is the result of endiscovering the almost host art of BULKING—as old-fashjoural, show, dishlerate method for sufficienting fine to bacom.

In BULKING, an industrial metalls of notion transposes, hirsh qualities generally, defined aroma merge, persenting every dread of the superhalf McII tohorous. The result is a mellower, early anouther simile.

Yourself, try Pall Mall polically?



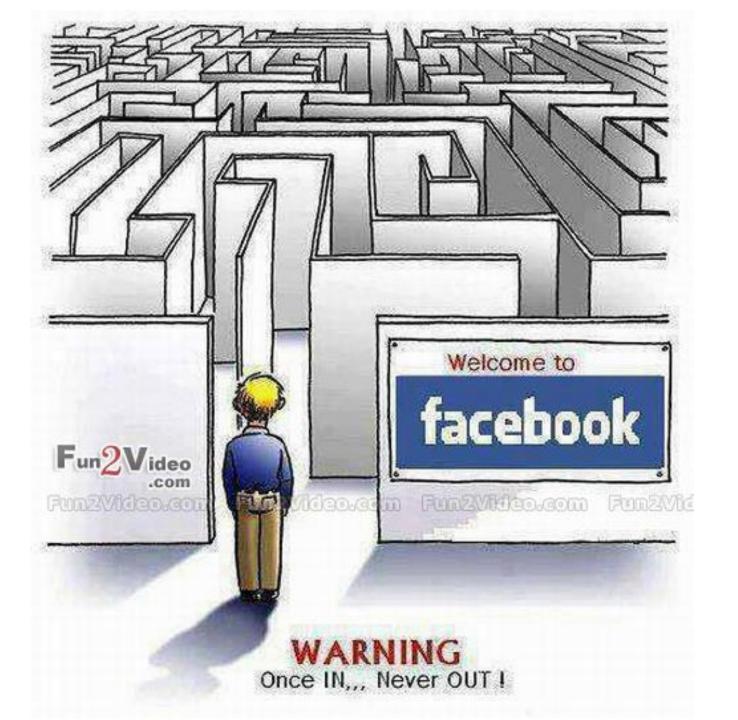
You'll see this better cigarette













# Life Before Facebook



THIS IS WHAT LIFE USED TO LOOK LIKE

before Facebook.



# How addicted to Facebook are you?



#### Hopa.ro!



# **FACEBOOK**

Just like Heroin..... but worse



#### Nearly One-Quarter of Facebook Users Check Their Account At Least Five Times Daily

"In the last 24 hours, approximately how many times did you check your Facebook account?"

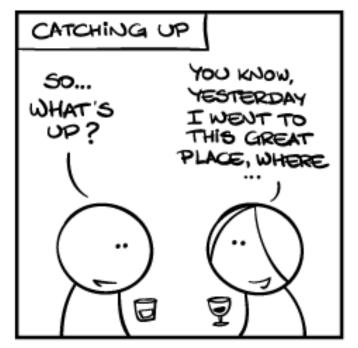




Base: Have a personal profile page on Facebook

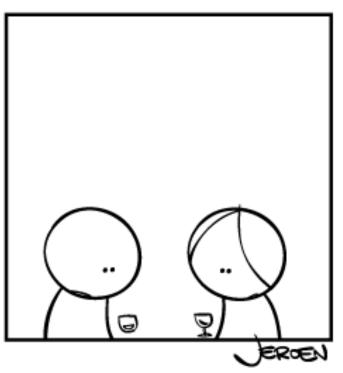












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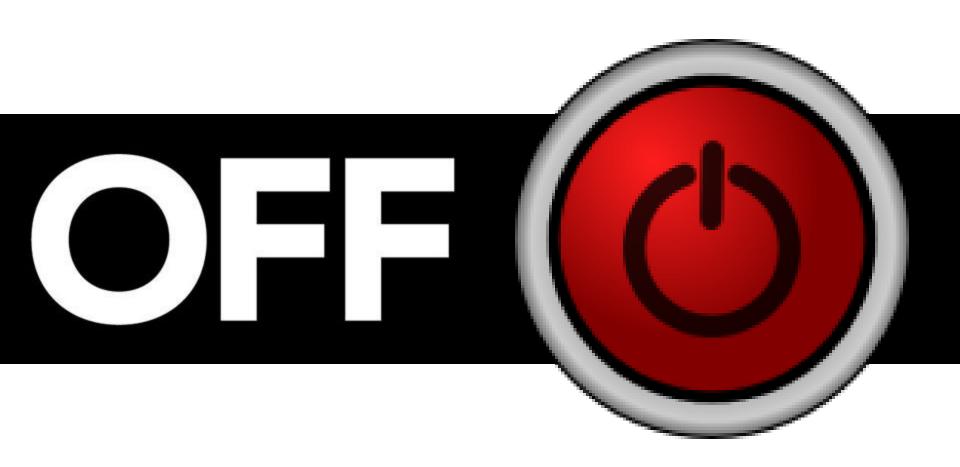


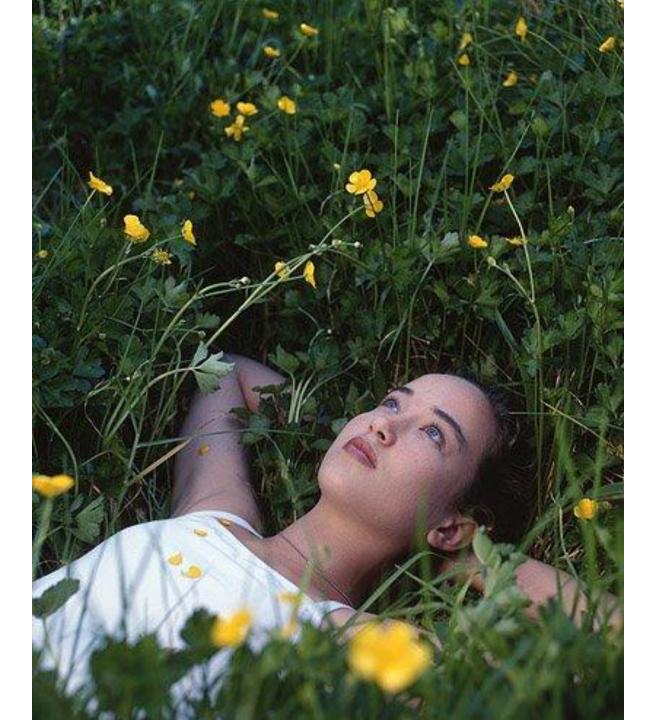
# Logout

is the hardest button to click.



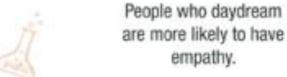
### Please Turn Your Cell Phones













Daydreaming can lower blood pressure.



Mind-wandering promotes creativity.

The Scientifically Proven

# BENEFITS OF DAYDREAMING

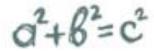
Daydreaming, like nighttime dreaming, consolidates learning.



A wandering mind usually has a better working memory.







"I was sitting in the patent office in Bern when all of a sudden a thought occurred to me: If a person falls freely, he won't feel his own weight. I was startled. This simple thought made a deep impression on me. It impelled me toward a theory of gravitation." Albert Einstein



My Parents should be Proud of me because I'm Addicted to facebook. not to DRugs!

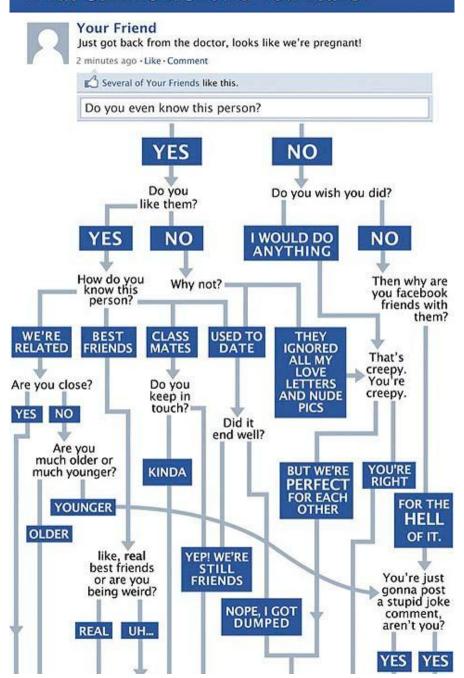


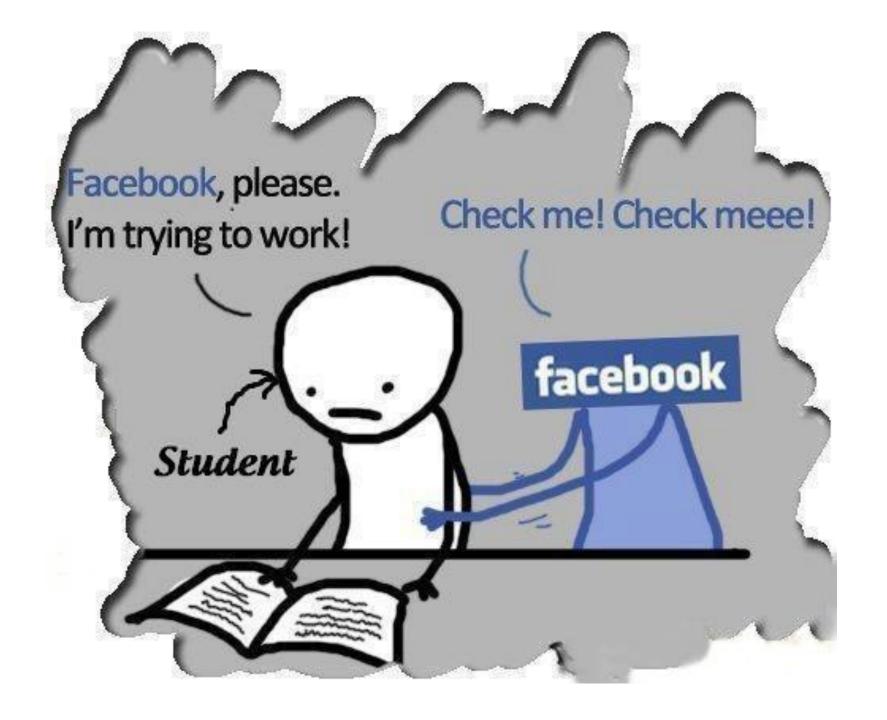
## Fed up with Facebook Friends?

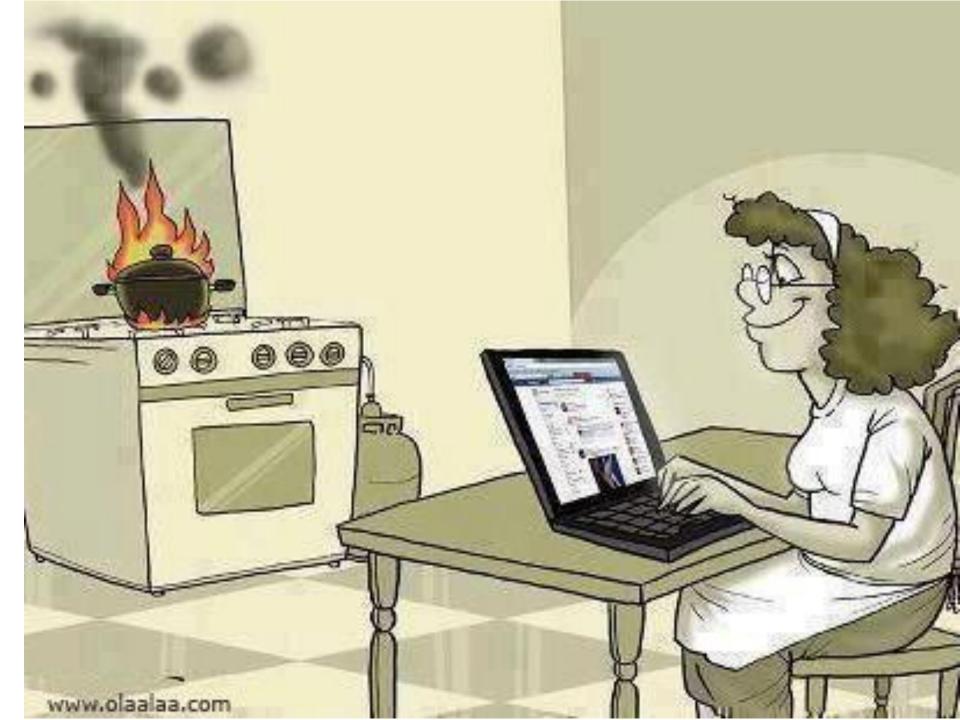
84% of Facebook users admit to being annoyed by friends on Facebook. The #1 pet peeve? Complainers.



#### What Comment Should You Leave?













Facebook, the place where most people post their problems for everyone to see, except the person with whom they're having the problem with!









## NO ANSWER ON FACEBOOK MESSAGE AFTER 5 MINUTES



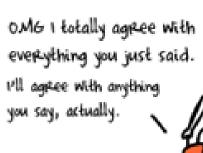
**EVERYBODY HATES ME** 

### The Rash

This person will follow you around facebook and comment on everything you do.



You have nice eyes, has anyone even told you that? They're like little peaches.





Where are you going?
PAY ATTENTION TO
ME, DAMNIT





# Quitting facebook.

is the new, adult version of running away from home.

We all know you're doing it for attention and we all know that you'll be back!!







## Thank You



"Hospitality leaders working together for a brighter future."

Dr. Andy Nazarechuk

Immediate Past President

www.apacchrie.org

APacCHRIE Conference May 21 - 24, 2013, Macau